



Dear Friend:

As a reminder, The Episcopal Church Medical Trust (ECMT) is now working with Quantum Health, a leader in care coordination, to serve as your single point of contact and overall advocate with respect to your medical benefits.

Effective January 1, 2025, Quantum Care Coordinators—a team of nurses, benefits experts, and claims specialists—can help you make the most of your medical, prescription, vision, and behavioral health benefits and achieve better health outcomes.

To ensure that your transition to Quantum is as seamless as possible, we're sending you this quick reminder of the main points to keep in mind.

You should have received a new medical ID card from ECMT **with new**

member and group ID numbers. If you need immediate access to this card or want extra copies, call Quantum at 866-871-0629 or download a digital version via [MyQuantumCare.org](https://www.MyQuantumCare.org).

What You Need to Do

- Share your new card with your physicians, pharmacy, behavioral health providers, and other medical facilities.
 - If your providers encounter a problem, ask them to call Quantum at the number listed on the back of your card, which is a **dedicated phone line** for ECMT members.
- Create Your Quantum Account
 - [MyCPG Accounts](#) or
 - [MyQuantumCare.org](https://www.MyQuantumCare.org) or
 - Quantum Health app (App Store and Google Play)

Contact Quantum

- At 866-871-0629 (ECMT's dedicated phone line), Monday to Friday, 8:30 AM to 10:00 PM ET.
- If prompted for your employer, please indicate "The Episcopal Church."
- Please note that you should **no longer** contact Anthem or Cigna directly.

Want to Learn More?

- Watch our on-demand [webinar](#) introducing Quantum Health.
- [Visit our website](#) to learn about all the services available via Quantum.

Faithfully,

The Episcopal Church Medical Trust

Quick, convenient, safe.



BENEFITS | INSURANCE | PUBLISHING

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